

Suggested Packing List:

Clothing:

- Boots
- Extra Sneakers or shoes
- Sweatshirt
- PJs
- shirts long or short sleeved (depending on weather)
- long pants/shorts
- socks (twice as many as needed if wet weather)
- underwear

Outerwear:

- Rain gear
- Jacket

Camping Gear:

- Backpack, duffel bag
- Flashlight
- mess kit (plate, bowl, cup)
- utensil kit (knife, fork, spoon)

Personal items:

- Toothbrush
- Toothpaste
- Toilet paper
- hand soap
- washcloth and towel
- Garbage bags for storage and garbage carry out
- personal first aid kit

Bedding:

- Sleeping bag
- Sleeping pad
- Pillow

Food:

- Canteen

Misc items

- Folding chair
- Baseball cap
- Compass
- notebook and pencils/pens
- nylon cord for clothesline
- watch